Kink Den

Consent and Compatibility Pack

THEKINKDEN.COM RESOURCES

Print-friendly worksheets and scripts to use before, during and after play.

What is inside: Yes No Maybe checklist, Partner Values Grid, consent scripts, safeword and pause word card, scene purpose worksheet, consent log sheet.



Yes - No - Maybe Checklist

Tick boxes or add notes as needed.

Activity	Yes	Maybe	No	G	R	W	Notes
[Communication and consent]							
Share limits in writing							
Pre-scene negotiation							
Mid-scene check-ins							
Post-scene debrief							
Safeword stop							
Pause word							
Non-verbal signals							
[Power exchange]							
Light D/s							
Protocols							
Service dynamics							
Ownership language							
Collaring							
[Sensation and impact]							
Spanking hand							
Paddles							
Flogging							
Canes							
Crops							
Scratching							
Biting							
Ice play							
Wax play							
Blindfold							
[Bondage and restraint]							
Handcuffs							
Under-bed restraints							
Bondage tape							
Rope decorative							
Rope partial							
Rope suspension (High risk)							
[Roleplay and psychological]							
Roleplay scenes							
Dirty talk							



Humiliation light					
Humiliation intense					
[Sensual and sexual]					
Kissing					
Manual stimulation					
Oral					
Penetrative sex					
Orgasm control					
Chastity					
[Exhibition and media]					
Public play legal and clothed					
Photos no face					
Photos with face					
Posting online					
[Advanced and edge]					
CNC fantasy with strict rules				 	
Needle play (High risk)					
Fire play (High risk)					

Additional notes:



Partner Values Grid

Rate 1 to 5 for importance or comfort. (1 – least important, 5 – very important)

Use Notes for conditions.

Value area	Partner A (1-5)	Partner B (1-5)	Notes
Consent style clarity			
Check-in frequency			
Aftercare needs			
Privacy and discretion			
Disclosure comfort at work or			
family			
Event attendance interest			
Learning and coaching			
Risk appetite			
Humiliation comfort			
Power dynamics interest			
Monogamy or ENM boundaries			
Sexual health practices			
Toy and gear quality			
Budget for play			
Digital privacy habits			
Pace of exploration			
Debrief style			
Time availability			



Consent scripts

Use these short prompts to make agreement fast and clear.

Script	When to use	Words
1-1-1 negotiation	Use before play to set expectations quickly.	Say this: One thing I want. One I am unsure about. One I will not do. Your turn.
Consent style exchange	Align on how you both like to ask and confirm consent.	Say this: Here is how I give consent and how I prefer you ask. What does good consent look like for you?
Check-in scale	Use during play to gauge intensity and adjust.	Say this: Scale 1 to 10. Where are you now? What do you need to move one point down or up?

Additional notes:



Consent log

Record agreements briefly. Store privately.

Date		Participants		
	Field		Details	
Agreed a	ctivities			
Limits ar	nd conditions			
Signals a	nd safe words			
Check-in	s agreed			
Aftercare	e agreed			
Notes				
Signatur	es			



Safeword and pause word card

Write your stop word, your pause word and your non-verbal signal. Add the aftercare contact window.

Safeword stop	Pause word
Non-verbal signal	Aftercare contact window

Scene purpose worksheet

Define the aim, limits, risks and aftercare before you start.

Field	Write here
Scene goal	
Activities to include	
Hard limits	
Soft limits	
Body flags and injuries	
Risk and mitigation	
Check-in plan	
Aftercare plan	
Time and place	